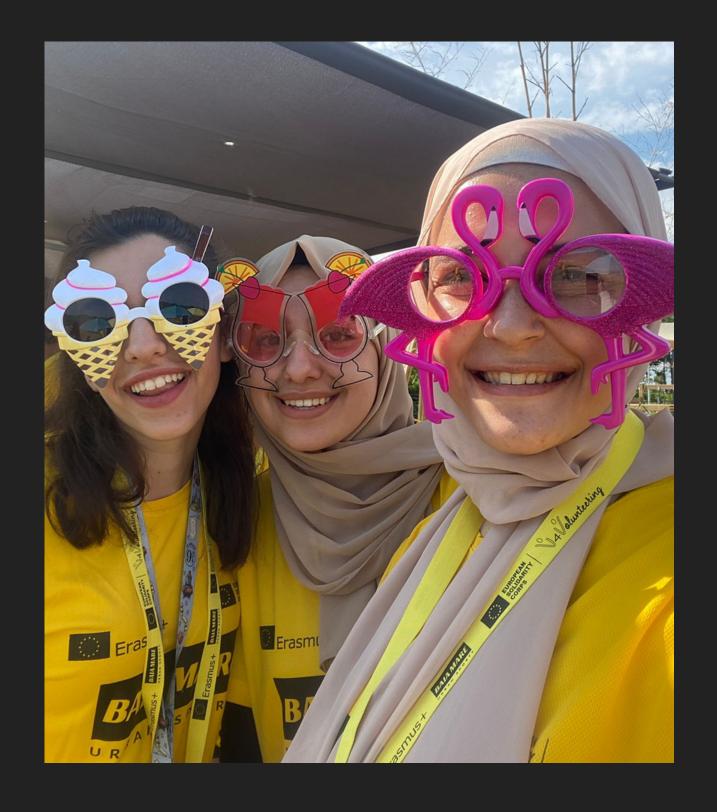
ACTIVITY REPORT

16 June - 5 July 2022











V4Volunteering

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"V4Volunteering" has as main aim promoting volunteering in sports, with focus on promoting education in and through sports combined with volunteering values, for a skill development result.

Disclaimer

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First days in Baia Mare

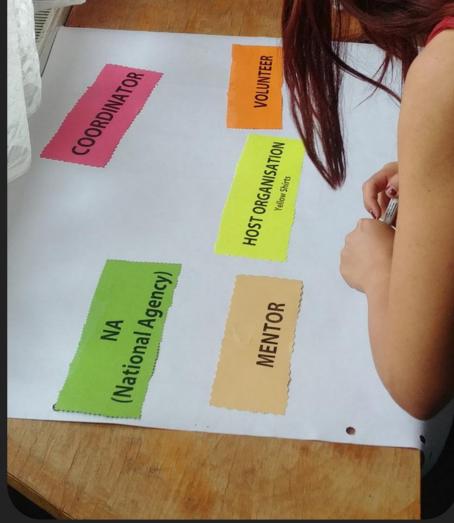
June, 16-17

Thursday was our first day together in the city. We talked about the project and we learned some basic Romanian words. Later in the morning we did group bonding games. After lunch we did a city tour and we visited the river, the Cathedral and other places.

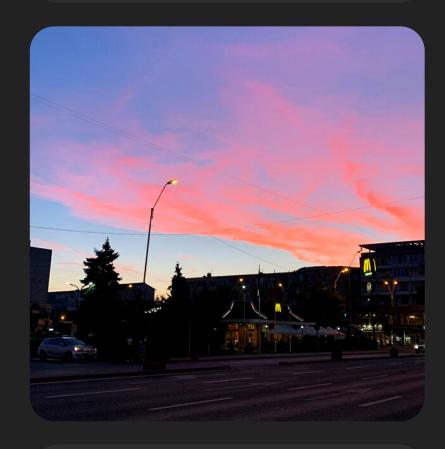
Wednesday we discussed about the volunteering world, how to take advantage of this experience and discovered what the Youthpass is. We also learned more about volunteering and European projects. We did group bonding games and after lunch we went eco hiking at Valea Usturoiului, where we picked trash and had a nice walk.















First days in Baia Mare

June, 18

Saturday we walked around the city and took photos to show Baia Mare from our perspective. We picked 5 photos about what we liked in Baia Mare and put them in a folder.

Then we met at Turnul Sfântul Stefan and we climbed to the top of the tower to enjoyed a great view. We will not say the name but someone even touched the old bell making it sound really loud.

After lunch we trained for the tournament.

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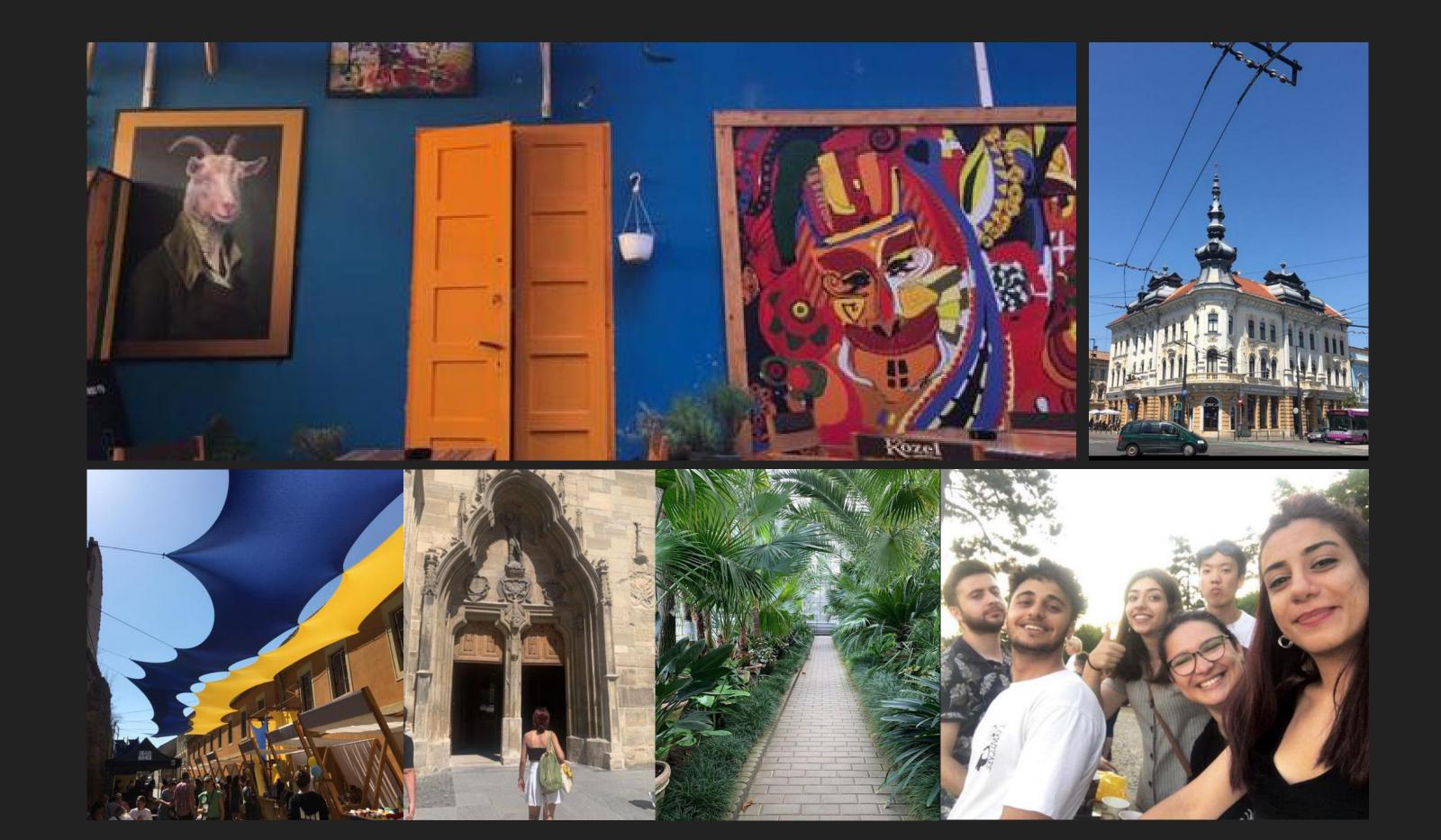
Free days June, 19-21

The first of the free days was spent in Baia Mare, we went to work out in the evening and did sports, then we went and ate Turkish kebab as if we didn't do any sports. We don't regret it:) Then we played a little game in the Baia Mare park, it was funny.

On the second day we went to Cluj, Cristian stayed in the dormitory and was the first to meet those who joined the project later. When we arrived in Cluj, we had breakfast and toured the old town. We saw the Cathedral in the center. We rested in a cold place, as we were in danger of melting from the extreme heat. We went to Ukrainian street food. And towards the end, we went up to a beautiful hill to watch the city at sunset, we sat there for a long time and enjoyed the city view. We sang songs and did a little karaoke. The view was really awesome. At the end of the night, we went to a club, although it wasn't as we expected, we did karaoke, despite a group of French did not allow us to do it :))) We listened to French music all night long.. Anyway, it was nice the first day despite everything. After the club we went home and slept.

On the third day, I (Lale) met with my Romanian friends whom I met in the first project, the rest of the group went to the Botanical Garden. Later, we met in the center and had dinner. Everyone was quite tired. After a while, I found Berke sleeping on the sofa of the restaurant... and we slowly made our way towards Baia Mare. It was a nice 2-day tour of Cluj.







After the fun free days we started again with the activities, on Wednesday we went for an hike at Bodi Lake and then in the evening there where the first cultural presentation and we met some of the guys from the youth center.



On Thursday morning we went playing sport outdoor. We played a lot of different sports: volleyball, basketball, table tennis, football and even truth or dare. When the weather became to hot we went back to the dorm where we met Georgiana, our mentor.

June, 22-23



In the afternoon we went to the youth center, played a lot of board games and had tons of fun!







Tournament days

June, 24-26

On Friday we woke up early and took the bus to Peninsula to prepare everything that was necessary for the tournament. Peninsula is a place where people can have a pleasant time with a pool in the middle and sun loungers, a cafe, and a restaurant around it.

The area of our field was also in the corner. We were divided into groups and got distributed tasks.

Some of us tried to attach nets that could surround the field to the pillars. We didn't succeed at the first attempt, but then we created a guard that covered the entire field. The others mounted the tent that will protect us from the scorching sun.

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We also hung the banners. We rested a little and some of us went into the pool. Then we finally went to lunch and had burgers. When we returned, we were greeted with an amazing view. The protecting the field we had created had been razed to the ground. We have tried very hard to find a solution to this problem. We finally got together and solved the problem.

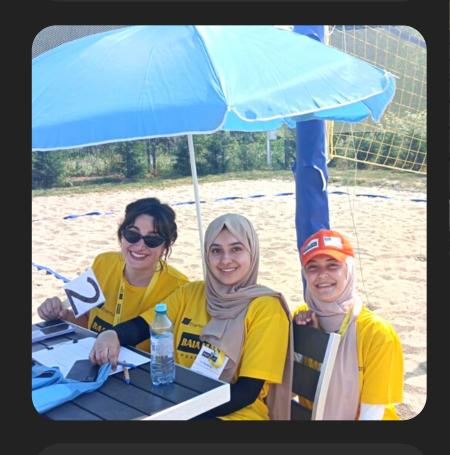
On the next day we woke up very early in the morning and had a quick breakfast together. Then we went to the field and now the tournament has started!! In the blazing sun, we carried water to the players on the field and collected the balls. In addition, we sprinkled water on the field and leveled the sand on the field.

We have worked for Social Media. During the match from the first match of the tournament to the end, we created and shared on Instagram the players, the work done by volunteers on the field, the match scores, the winning teams and finally the reels related to the first day. We were also writing the scores. Anar also played volleyball and filmed the match with a professional camera. Santiago's main task was to record everything with a professional camera. And he did everything.

The matches of the first day are over!! In the evening we did a little party with all the volunteers and the players and we all had a great time.

Day 2 of the tournament: everyone did the same tasks again. We continued to create reels with everyone on the field with fun glasses and shared it on Instagram.

The matches ended earlier than on the other day. The tournament is over, the rank have been determined and we did the ceremony for announcing the winners.







Then everyone in the field was given a certificate., and we took photos. Everyone was so hungry that day that we went back to the restaurant to eat and ate hamburgers.

After lunch it started raining while we had to dismount everything but it didn't stopped us!

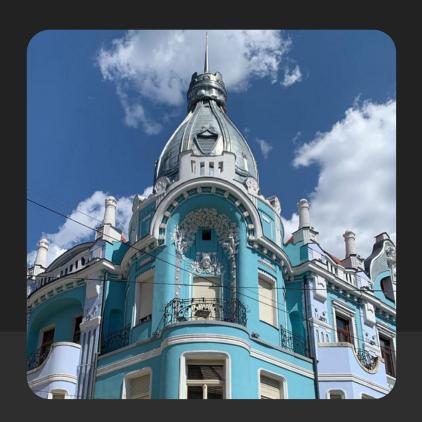
We got back to the dorm very tired but happy!

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Free days

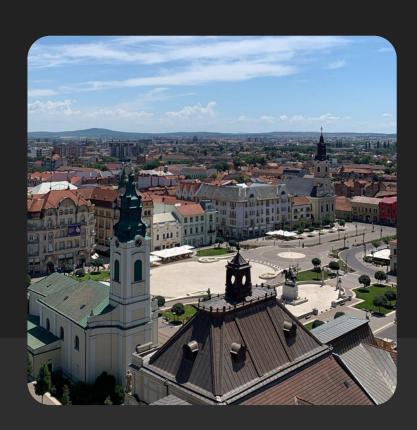
June, 27-29



Time is flying by after 2 days of hard work, fun and excitement; the tournament finished. Now it's time for the free days. One thing we all did was sleep out. The three days were mainly resting, having fun, and exploring.



A part of the group loved the hikes so much that they decided to do another one! They went to Piatra Virgină, a hard and steep mountain. But that didn't stop them from getting to the top. That's the spirit all of us got during this project.



Others decided to get to another top, the top of the Oradea city tower. They explored the cute little city and tried the best ice coffee in town.

Last days in Romania

June, 30 and July, 1-3

After all the rest, it was time to get back to work again. We started the next day with an interesting workshop from Diletta about mental health. How did Covid affect our daily lives?

We also had a reflection session about the tournament: what went well, could go better and what have we learned. Andreea informed us about other opportunities that EU offers and we ended the day with a cultural night about the one and only Turkey.

In the following days we went for two hikes and we continued with the cultural nights, we had time to develop our personal project, we visited the Planetarium, and we ate deliciuos cakes from Fredy.



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Last days in Romania July, 4

It was too hot to stay outside and do the activities we were supposed to have so instead we started writing this report with the help of the cold AC of a coffee shop. We worked in teams to finish as soon as possible in order to have more time to go to the Nistru lake. We managed to finish early and after lunch some of us went for a quick swim in the lake. After coming back we had the last cultural presentation, Georgia!

When the presentation finished we got ready to go for dinner in a restaurant where we ate way too much Placintă. We enjoyed the delicious meal and spending time together.









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Goodbyes

July, 5

Ready for the last day all together, we started by filling our Youthpass and the final evaluation. After lunch we decided to go again for a swim at Nistru lake to say goodbye to the fantastic Romanian nature we got to know well.

After coming back we shared our impressions and thoughts about the project and then it was time for our presentation of the personal projects! They were all so different and everyone share a little piece of themselves. There were funny stories, poetry, memes, games and interesting presentation.

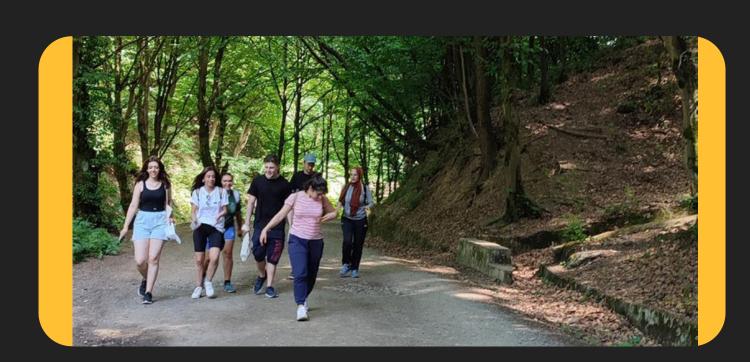
As last activity we wrote each other messages and letters about the time spent together. Then it was time for the first sad goodbyes and we all enjoyed our last moments together.

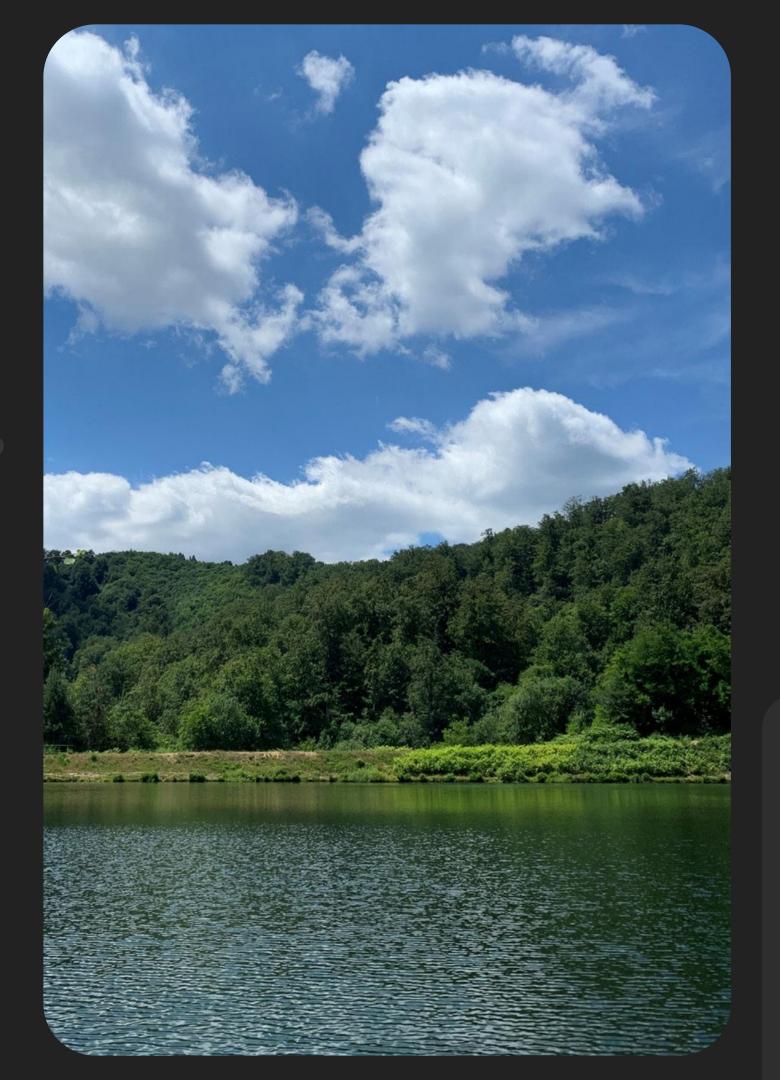


Hikes

Valea Usturoiului, June 17th - It was our first hike in Baia mare. First, we went to the old center and the Regina Maria Park. The park was pretty cool. When the hike started, we walked through the forest by collecting the garbage.

When we reached the top, we sat and rested. There was a natural water fountain, and we drank water from there. As we walked along the road, we encountered men chopping wood. We threw to trash bin our garbage bags on the way back. It was beautiful eco hike.





Bodi Lake Hike, June 22nd - We took the bus to go Bodi Lake hike with our packed lunches. After 1h hike, we got to the lake.

It was so impressive with its environment and nature. I was feeling so relaxed. We put some blankets on the ground and started to play card games, "a vampire and police" game.

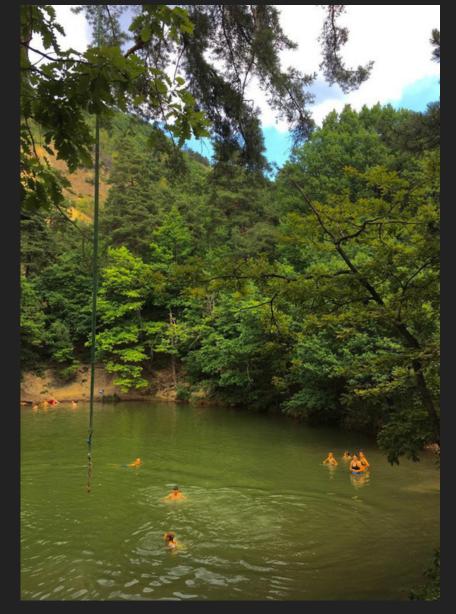
After the games, some of us did swim in the lake. We had our lunch there and got back to the dorm before dinner.

Blue Lake - Lacul Albastru, July 1st - We got on the bus in the morning and after a 20-minute journey we reached another nearby town (Baia Sprie).

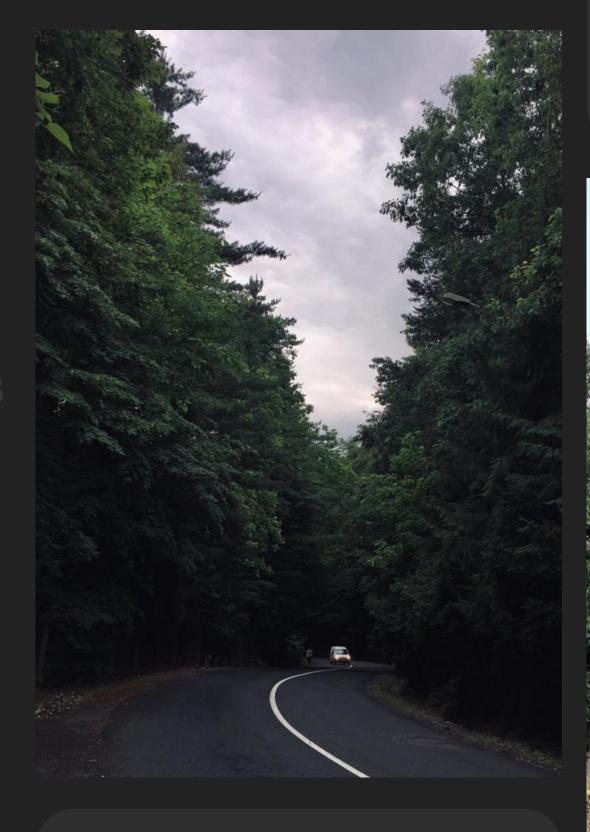
We walked up a bit and reached the place where we were going to climb. It was a steep slope and some of us struggled. We helped each other and reached the top. Some of us were smarter and found an easier way. They reached the summit just by walking, without climbing like us.

The blue lake was beautiful, but it was green, not blue. We always played Uno in previous hikes, but this time we played a Turkish card game and learned who is friend and who is foe. There was a rope there and some of us swung like Tarzan and jumped into the lake. Some of us just swam.

When it was time to return, it started to rain and we got wet. We missed the bus because we were 10 seconds late and waited a little longer. It was a fun wait because we were all wet.









Firiza Lake, July 2nd - We took the bus to go Firiza Lake. We walked through cars ways, therefore it was easy to get there. Then everyone got their bin bags and started to collect trash around there.

After being full of bags, we went closer the lake. We hung out for about 2 hours and then a strong rainy started reason why we had to get back to dorm.

Cultural nights

Italy

We were all excited to see the first cultural event. Francesca started with a Kahoot game all about the Italian pasta. It was really interesting to learn a big amount of variety pasta exist. We tried to guess name of pasta from pictures.

Afterwards, Cris showed us some Italian body languages that has other meanings depending on context. It was quite fun tho.

Turkey

The night gave us more insights into the rich history of Turkey. Their delicious foods - we had the honor to taste some of the sweets. They brought their most famous drink, Rakı. After the presentation, it was the time of truth. The quiz about Turkey.

If you paid attention you could win a key ring. The evil eye serves as protection.

Egypt/ The Netherlands

Hajar presented to the group both countries. She talked about the geography, tried to teach us greetings and common phrases, showed us a lot of typical foods and introduced us to some famous who Egyptian or Dutch artists.

Then we proved our new knowledge with Kahoot quizzes which always bring out our competitive side.



Romania - we went to the Youth Center for Romanian cultural night. When we entered, they were all welcoming us and food was presented on tables. Sarmale, zacuscă (mushrooms, beans, eggplant), traditional drinks some vegeterian sweets. They were delicious and the place was so friendly. Afterwards, we met with some local youngsters. Some of us played guitar, board games and enjoyed the moment.

Mongolia / Finland - It was interesting because most of us didn't know much. We learned about the food, clothes, music and dances in Mongolia. Some things were similar to the old Turkish culture (shamanism and nomadic life). They also have a music group similar to a rock band and they make throat music. We also learned something sad about Finland. Alcoholic drinks are expensive there. The people there are a bit cold, but after the pandemic, they got even colder.

Georgia - was the last of the cultural presentation. It was very interesting because most people don't know a lot about this country. We learned about typical foods and drinks, some Georgian words and about their alphabet. Then we got really fascinated by the beautiful cities, the wild nature landscapes and the super dangerous roads.





